

John Johnson Collection: pre-1960 ephemera
Societies: Health, Vegetarian

JD/02/92

This section is not catalogued or digitised

Short index (see below for detailed index)

Box 1: Societies, Vegetarian (Pamphlets, leaflets etc.)

The defence of vegetarianism, aims of societies etc.

Annual meetings, reports

Diet and health

Adverts, catalogues

Societies, Vegetarian (single sheets, mounted)

The defence of vegetarianism, aims of societies etc.

Diet and health

Adverts, catalogues

Box 2: Societies, Vegetarian (Journals, pamphlets etc.)

Correspondence

Recipes

Journals etc.

Societies, Vegetarian (Mounted)

Correspondence

Box 3: Societies, Vegetarian (Pamphlets, leaflets etc.)

Anti-vivisection

Societies, Health (Pamphlets, leaflets etc.)

Annual meetings, reports

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Detailed index

Box 1

Pamphlets, leaflets etc.

The defence of vegetarianism, aims of societies etc.

1) The Humanitarian League

- a) Humane diet. Manifesto of the Humanitarian League's sub-committee. 1896
- b) Manifesto of the Humane Diet and Dress Department of the Humanitarian League's sub-committee, 1898
- c) Salt, Henry S.: *The humanities of diet. The Humanitarian League's Publications, No.23, 1897*

2) Ideal Publishing Union

- a) *The claims of vegetarianism*
- b) Newcombe, C.P.: *Health - man's birthright. An address delivered before the Northern Heights Vegetarian Society, 1895*

3) Liverpool Vegetarian Society

- a) Publicity leaflet: objects, definition, meetings and practical demonstrations (3 copies)
- b) Syllabus, 1893-94 (3 copies)

4) London Vegetarian Society

- a) Rules of the London Vegetarian Society
- b) A.M.L.: *The band of love* (2 copies)
- c) Evans, T.H.: *Temperance and vegetarianism* (2 copies)
- d) Hills, A.F.: *Popular fallacies* (3 copies)
- e) Hills, A.F.: *Principles and practice*
- f) Hills, A.F.: *Vegetarianism*
- g) Hills, A.F.: *Vital food!* (2 copies)
- h) Lewis, A.M.: *Humanity and vegetarianism*, being a paper read before the

Vegetarian Federal Union, 1892

i) Oldfield, Josiah: *A word for all!* (2 copies)

j) *Science* (2 copies)

k) Wood, J. Newton: *Vegetarianism and the soul* (2 copies)

5) London Vegetarian Society and Bread and the Food Reform League

a) Health councils. 1891

b) Publicity leaflet: aims, methods etc.

6) Vegetarian Federal Union

a) Oldfield, Josiah: *The future for vegetarianism*

b) Oldfield, Josiah: *A word for all!*

c) *Science*

7) The Vegetarian (Magazine)

a) Hills, A.F.: *Natural food of man*

b) Forster, Paul: *The science of a happy life*

8) The Order of the Golden Age

a) Beard, Sidney H.: *The testimony of science in favour of a natural & humane diet*

b) Blizard, Francis S.: *The way to health and happiness*

c) I.O. and M.A.: *Arguments from scripture for pure diet and living, being a reply to alleged objections to vegetarianism*

d) *Is flesh-eating a violation of Apostolic teaching?*

9) Pythagorean Tracts by St John (First series)

a) *A protest against flesh-eating*

10) United Templars' Association

a) *A proposal for restoring the ancient practices of anthropophagy and vivisection in their just development* 3rd ed.

b) *Era of light: universal kalendar for all time, or, perpetual almanack* (new style.) with exposition and notes. A new decimal system, 1888

c) *Mountain of light; or Tower of the sun*, 1890

d) To those whom it may concern

e) *Why eat corpses?*

11) The Vegetarian Society

General

- a) Explanatory pamphlet (5 copies, some with enclosed leaflets)
- b) Gratuitous pamphlet
- c) Manifesto of the Vegetarian Society
- d) Publicity pamphlets: aims, subscriptions etc. (2 different copies)
- e) *The Vegetarian Society claims the sympathy of all* (4 copies)

Specific

- f) Axon, William E.A.: *Corn or cattle*
- g) Axon, William E.A.: *Fifty years of the Vegetarian Society*. 1897
- h) Axon, William E.A.: *Vegetarianism and national economy*: a lecture delivered in the Brotherton Hall, Manchester, on May 25th, 1887, 1889
- i) Axon, William E.A.: *Vegetarianism and the intellectual life*: a lecture delivered in the Brotherton Hall, Manchester, on Nov. 8th, 1887. 2nd ed., 1889
- j) Chatterji, Mohini M.: *Vegetarianism and Christianity in India* 1886
- k) Clark, James: *Answers to some objections against vegetarianism*: a lecture delivered in the Association Hall (Y.M.C.A.), Manchester, on March 19th, 1889. 2nd ed., 1891
- l) Clark, James: *Bible testimony as to the use of animal food*: a sermon (2 copies). 1897, 1901
- m) Lees, Frederick R.: *An argument on behalf of the primitive diet of man: to which the Vegetarian Society awarded its first prize in 1857*. 1884
- n) Malcolmson, A.W.: *The aesthetic in food*
- o) Mansell, Thomas: *Vegetarianism and manual labour*: a lecture delivered in the Brotherton Hall, Manchester, on April 10th, 1888. 1897
- p) Mayor, John E.B.: *Historical testimony to vegetarianism*: an address delivered at the meeting in Exeter Hall, London, on 12th January, 1885. 1887
- q) Mayor, John E.B.: *Social changes in sixty years*. 1897
- r) *A monster slaughter-house* (2 copies)
- s) Richardson, Benjamin Ward: *Foods for man: animal and vegetable. A comparison*, 1891
- t) Salt, Henry S.: *The sanctity of life: a reply to Sir Henry Thompson*, 1898
- u) *Vegetarianism and medicine, science, poetry, sport, literature, economics, temperance, religious thought*, 1938

12) Miscellaneous

- a) Broadbent, Alfred: *The vegetarian text book*
- b) Corlass, C.F.: *Intentional oddity*
- c) Dixie, Florence: *A mother's message to her sons*, 1903
- d) Frey, William: *On religion: a paper read before the Fellowship of the New life*, 1888

e) Hunter, Agnes S.: *Vegetarianism: an appeal to parents*, 1901

Annual meetings, reports

1) The Lady Margaret Fruitarian Hospital

a) Report. 1934

2) London Vegetarian Society

a) Annual meeting. Monday, January 23rd, 1893

b) Fifth annual report. 1893

3) London Vegetarian Society and the Bread and Food Reform League

a) Third annual report. Children's Dinners and Educational Food Fund. 1892

b) Report. Health Councils and Entertainment Fund. 1891

4) Vegetarian Federal Union

a) Report. 1894

5) The Vegetarian Society

a) Annual meeting speech by W.S. Godfrey: *Excellencies and hindrances of vegetarianism*, 1895

6) West Ham Vegetarian Society

a) Report. Halfpenny Vegetarian Dinners

7) Women's Vegetarian Union

a) First annual report. 1895-96. (Enclosed correspondence, leaflets)

b) (International). Second annual meeting. Wednesday, March 31st, 1897

c) Second annual report. 1896-97

d) Third annual report. 1897-98 (Enclosed correspondence, leaflets)

e) (International). Fifth annual report. 1899-1900. (Enclosed leaflets)

f) (International). Sixth annual report. 1900-01

Diet and health

1) Ideal Publishing Union

a) Ablett, John, assisted by Roychoudhuri, Pandit J.C.: *Hindu diet and its basis*

2) London Vegetarian Society

- a) Hills, A.F.: *Things to be avoided* (3 copies)
- b) Hills, A.F.: *Vegetarian drinks* (2 copies)
- c) Oldfield, Josiah: *The ideal diet in relation to real life*: an address delivered in Oriel College, Oxford
- d) *Whole-meal bread* (2 copies)

3) The Vegetarian (Magazine)

- a) Buenida, Dr: *Food and health*: a paper read before the Federal Union Congress. 1895

4) Vegetarian Federal Union

- a) *Fresh fruit*
- b) Hills, A.F.: *Vegetarian drinks*
- c) *Mrs Eva McLaren on vegetarianism*
- d) *Whole-meal bread*
- e) *Whole wheat-meal bread*

5) United Templars' Society

- a) *A chief and radical cause of poverty, bad health, social misery, & trade depression, and In the name of the all bountiful: pure food for all people. Plenty, nutritious, tasty*

6) The Vegetarian Society

- a) *Bread and bread-making*
- b) Broadbent, Albert: *Food: its influence on character* (2 copies), 1897, 2nd ed., 1901
- c) *Cheap and nutritious food*
- d) *The chemistry of foods*
- e) *The choice of food* (2 copies)
- f) *Communicability to man of diseases from animals used as food*
- g) Duncan, Arthur W.: *The chemistry of food* (2 copies), 1884, 1889
- h) Duncan, Arthur W.: *Foods and their comparative values*: a lecture delivered in the Brotherton Hall, Manchester, on February 28th, 1888, 3rd ed., 1897
- i) Foxcroft, Peter: *The national food supply*: a paper read at the Brotherton Hall, Manchester, on March 27th, 1888. 1889
- j) *How to begin: compiled for those commencing the vegetarian practice*
- k) Hunter, Charles D.: *Saline starvation, and how to avoid it*: a paper read at the May Meetings at Salford (20th May) and Birmingham (25th May), 1882 (2 copies)
- l) *Is the land over-peopled?*

- m) *Medical and scientific testimony in favour of a vegetarian diet* (2 copies)
- n) *Personal testimonies to the efficiency and value of vegetarian diet. 2nd series* (2 copies)
- o) *Relative value and composition of food* (3 copies)
- p) Sister L: *A week's dinners: a paper read at the Central Lodge (639), I.O.G.T., Birmingham, on 21st August, 1874*
- q) *Tea-meeting fare, and Breakfasts, and Fresh fruit all the year round*
- r) *Two dietetic experiences*

7) Vegetarian Depot and General Agency

- a) Veigle, Alexandrine: *Is meat eating beneficial to health? A Paddington lady's experience* (2 copies). 1898

Advertisements, catalogues, societies

- 1) The "Arcadian" Vegetarian Restaurant
- 2) Godfrey, William: *Against killing customs, and Excellencies and hindrances of vegetarianism, and The perishing: a social sermon*
- 3) International Vegetarian Congress: London, 1897
- 4) Liverpool Vegetarian Society
 - a) Annual dinner. Wednesday, April 17th, 1901
 - b) A Lecture. Mr R.E. O'Callaghan: *The diet of health & happiness*. Wednesday, March 22nd, 1893 (2 copies)
 - c) Lectures and cookery demonstrations, by Mr A. Broadbent.
 - d) The third dinner of the session. Wednesday, March 29th, 1893
 - e) (Assisted by the Vegetarian Federal Union). Week's mission in Liverpool. Commencing Monday, October 9th, 1893 (11 copies)
- 5) London Vegetarian Society
 - a) A few of our publications (2 copies)
 - b) Popular entertainments.
 - c) Repertoire programme. Essays, songs, recipes
- 6) National Vegetarian Congress: London, September 11th to 18th, 1898

7) *Dr Nichol's Hygienic Cookery Book*

8) Vega Modern Vegetarian Restaurant

a) Dr Bircher-Benner on food values, the health-giving diet, the service of the Vega

b) Christmas suggestions (enclosed leaflet)

9) *The Vegetarian*: Publicity leaflet (2 copies)

10) The Vegetarian Depot (Madame Veigele)

a) Notice of removal

b) Price list. 1897

c) Price list. 1898

d) Publicity leaflet

e) Refreshment rooms (3 copies)

11) Vegetarian Federal Union

a) Annual Congress. June 20th, 21st, 22nd & 23rd, 1906

Annual dinner. Wednesday, June 20th, 1906

b) Jubilee of the Vegetarian Society

12) The Vegetarian Society

a) Vegetarian Messenger (2 copies)

b) List of publications and books sold by the Vegetarian Society (3 copies)

13) Women's International Progressive Union: Two lectures, followed by discussion, and one debate. 1898

14) Women's Vegetarian Union

a) A social gathering. Wednesday, November 10th, 1897

b) Two lectures, followed by discussion. November 8th and 21st, 1897

Societies, Vegetarian (Mounted)

The defence of vegetarianism, aims of societies etc.

1) The Physical Regeneration Society Supplement

a) Manifesto, rules etc.

2) The Vegetarian Society (London Auxiliary)

a) Appeal by A.F. Hills

3) The Vegetarian Society

a) Mayor, John E.B.: The Christian rule of hospitality

b) Medical and scientific testimony in favour of a vegetarian diet

Diet and health

1) London Vegetarian Society and the Bread and Food Reform League

a) Health councils

Advertisements, catalogues

1) London Vegetarian Society

a) Speech. A.F. Hills, Trinity Hall, Cambridge, Thursday 24th May, 1888

2) Northern Heights Vegetarian Society

a) "At Homes". 1894-5

Box 2 Societies, Vegetarian (Pamphlets, leaflets etc.)

Correspondence

1) Liverpool Food Association

a) Jones, H. Lee J.: December 30th, 1892. Announcement of a preliminary meeting, Tuesday, January 3rd, 1893. (Enclosed further correspondence, leaflets etc.)

2) Liverpool Vegetarian Society

a) Wokes, T. S.: Social meeting. (Enclosed syllabus, 1894-95)

3) National Pure Food Association

a) Oldfield, Josiah: February, 1910. Invitation to a public debate, Tuesday, March 1st, 1910

4) Vegetarian Depot and General Agency

a) Veigle, Alexandrine: March 1st, 1899. Payment for an advertisement and for copies of the Labour Annual

b) Veigle, Alexandrine: November 16th, 1899. History, purpose and proceedings of the Vegetarian Depot and General Agency

c) Veigele, Alexandrine: December 8th, 1900. Change of address etc.

5) Vegetarian Federal Union

a) Oldfield, Josiah: July 3rd, 1899. Letter accompanying a copy of the Report of the Vegetarian Federal Union

6) The Vegetarian Society

a) Broadbent, Albert: October 23rd, 1897. A promise to send papers

b) Broadbent, Albert: October 11th, 1898. A request for an advertisement, accompanying a copy of the Annual Report

c) Broadbent, Albert: January 23rd, 1899. Payment for advertisements

d) Broadbent, Albert: Enclosed "matter" for receiver's attention

e) Broadbent, Albert: April 10th, 1899. Concerning the copyright of the Newman photograph

f) Broadbent, Albert: July 5th, 1900. Letter accompanying books etc.

g) Knight, Joseph: Letter accompanying leaflets etc. on vegetarianism. (Enclosed in these leaflets)

7) Women's Vegetarian Union

a) Veigele, Adrienne: November 30th, 1898. Apologies, etc. (Enclosed leaflet)

8) Miscellaneous

a) [Liverpool Vegetarian Society?]: March 29th, 1893. Final dinner of the session

Recipes

1) *The Apple Tree Annual*; 1889. Vegetarian varieties and cookery

2) London Vegetarian Society (and Hygienic Publishing Union)

a) O'Callaghan, R. E.: *How to begin vegetarianism with Month's dietary and Cookery book*

3) Nichols, T. D.: *Dr Nichols' penny vegetarian cookery: the science and the art of selecting and preparing a pure, healthful, and sufficient diet* (4 copies, different editions)

4) Orlebar, Eleanor E.: *Food for the people; or, lentils and other vegetable cookery*, 1879

5) The Vegetarian

- a) Impey, Catherine: *What shall we do with our apples?*
- b) Oldfield, Josiah: *Best way to begin vegetarianism*. "The Best" series

6) The Vegetarian Society

- a) Braithwaite, Alice: *A dozen plain dinners plainly cooked. A help towards the attainment of a uric acid-free diet*, 1904.
- b) Couchman, William: *How to marry and live well on a shilling a day* 11th ed., 1890
- c) *Half a dozen savouries* (5 copies)
- d) Smith, John: *Substance of the work entitled Fruits and farinacea: the proper food of man*. 6th ed., 1889
- e) Tarrant-Siddons, Thirza: *Food reform cookery book*. 8th ed., 1889

Journals etc.

1) *Cranks Health Foods*: News sheet. Winter, 1974

2) London Vegetarian Society

a) *The Vegetarian News*: vol. 1, no. 1. January 1921 (2 copies)

3) Natural Living Society

a) *The Weekly Star and Vegetarian Restaurant Guide*: vol. 3, no. 149. Saturday, August 31st, 1889

b) *The Weekly Star and Vegetarian Restaurant Guide*: vol. 3, no. 150. Saturday, September 7th, 1889

4) The Order of the Golden Age

a) *The Herald of the Golden Age*: vol. 1, no. 1. January 25th, 1896

5) Societe Belge pour l'Etude de la Reforme Alimentaire (Belgian branch of the Women's Vegetarian Union)

a) *La Réforme Alimentaire*: vol. 1, no. 1. October 1st, 1897 ("Statuts" attached).

6) *The Vegetarian*

a) New series, no. 18. March, 1973

b) New series, no. 41. February, 1975

c) New series, no. 45. June, 1975

7) *Vegetarian Advocate, late Truth-Tester*: vol. 1, no. 1. August 18th, 1848

8) Vegetarian Federal Union (published by Ideal Publishing Union)

a) *Illustrated Vegetarian Year Book*: 1896

b) *Vegetarian Year Book*: 1898

9) The Vegetarian Society

a) *Almonds & Raisins* (annual of the Vegetarian Society). 1886

b) Scrapbook of newspaper cuttings from the Manchester Times, July 29th, 1848 and July 21st, 1849. Annual dinner, and second annual meeting

c) *Vegetarian Messenger*: new series, vol. 2, no. 2. February, 1897

d) *Vegetarian Messenger and Health Review*: 8th series, vol. 21, no. 12. December, 1924

Societies, Vegetarian (Mounted)

Correspondence

1) Mrs Hurlstone and Mrs Dornsbusch: July 29th, 1850. Invitation to a plain vegetarian supper, Monday, August 12th, 1850

2) Mrs C. Leigh Hunt Wallace: headed notepaper.

Box 3: Societies, Vegetarian (Pamphlets, leaflets etc.)

Anti-vivisection

1) The AV Set: publicity leaflet

2) The Animal Defence and Anti-Vivisection Society: annual report. 1964

3) *Animals' Defender*

a) Vol. 9, no. 2. February, 1965

b) Vol. 9, no. 4. April, 1965

c) Vol. 10, no. 3. March, 1966

4) Pope, William Langley: *Address to the clergy against vivisection*. March 14th, 1877

5) RSPCA: bookmark. Stop the export of live food animals.

6) Stables, Gordon: *The humane treatment of domestic pets*. Advertising booklet for Spratts

Societies, Health (Pamphlets, leaflets etc.)

Annual meetings, reports

1) City of Westminster Health Society: seventeenth annual report. 1911

Diet, exercise

1) Allinson, T. R.

a) The advantages of wholemeal bread

b) Dr Nichol's food of health

2) Anderson, William C.: *The villainies of adulteration. A plea for a pure food supply*

3) Broadbent, Albert: *Science in the daily meal*. 3rd ed., 1902

4) Densmore, Ernest: *Fruit as food*

5) First Aids to Health: booklet no. 13. Saxon, Edgar J.: *How to spend less and be better fed* (with economy recipes)

6) *Food and development. A contrast. Jewish and Gentile children*

7) Gottschling, A.: *No more disease. A natural and rational system of treatment of diseases; also, on the arts of preparing wheat meal bread, and other foods*, 1889

8) Haig, A.: *Life and food*, 1905

9) Kuhne, Louis: *Am I well or sick? A vademecum for everyone*. 4th English ed.

- 10) Leppel, Sophie
- a) Publicity leaflet for Sophie Lepper [sic]
 - b) *The missing link in dietetics* (by Sophie Lepper [sic])
 - c) Vitalism series: no. 1. *Suitable food, or The science of a long life*. 4th ed.
 - d) Vitalism series: no. 6. *The crux of food reform* (in former editions called *The missing link in dietetics*) (2 copies)
 - e) Vitalism series: no. 7. *A nut and fruit dietary for bran-workers*. 4th ed.

11) Nichols, T. R.: *How to live on sixpence a-day*

12) The Penny Health Library

- a) Broadbent, Albert: *Bread, its influence on health*
- b) Broadbent, Albert: *Children: their health and food*
- c) Broadbent, Albert: *Constipation prevented by diet*
- d) Broadbent, Albert: *Dangers in food*
- e) Broadbent, Albert: *Dyspepsia prevented by diet*
- f) Broadbent, Albert: *How to keep warm*
- g) Broadbent, Albert: *Rheumatism and gout prevented by diet*

13) Robertson, William: *What to eat and why: simple talks on food values and their relation to health*, with, Fifteen simple recipes by Miss I. W. Gilmour

14) The Scottish Health Reformer

- a) Braithwaite, Alice: *Balance in diet*. 1904

15) *What is the difference between the Densmore dietary system and the Lepper [sic] dietary system?*

Advertisements, catalogues

- 1) T. J. Bilson & Co.: price list (2 copies)
- 2) Canning's: oatmeal, and patent safe tin and correct measure
- 3) The "First Prevention Better than Cure" Centre; or first "Health Centre" in the world. For Gentlewomen.
- 4) The Healtheries

- 5) Homeopathic home and dispensary, for private patients
- 6) Lust, B.: General catalogue of naturopathic literature and supplies for sale
- 7) Mapleton's Nut Food Co. Ltd.: recipes (3 copies)
- 8) Peerless steam cooker
- 9) Wells, R. B. D.: List of valuable and standard work on phrenology, physiology, physiognomy, health, diet, self-improvement &c.

Recipes

- 1) Broadbent, Albert: *Simple and healthful food*
- 2) Campbell, Dudley: *Fruit and gardens for the people: a preface to The case against butcher's meat*, by Charles W. Forward, 1896
- 3) Miles, Eustace
 - a) *First recipes for food reformers and for complete or partial non-meaters*
 - b) *Exactly how to begin a change of diet* (2 copies)

Journals etc.

- 1) *Focus: a periodical to the point on matters of health, wealth and life*: January, 1926
- 2) *Health Without Drugs, with which are incorporated Diet v. Drugs & Life and Beauty: a quarterly magazine of dietetic reform*. Ed. Sophie Leppel
 - a) Vol. 2, no. 6. March-May, 1903
 - b) Vol. 2, no. 7. June-August, 1903
- 3) *The Healthy Life*. Ed. Edgar J. Saxon: January, 1932
- 4) *The Hygienic Advertiser*. Devoted to natural living, physical culture, health reform etc.: no. 3. August, 1891
- 5) Loewenfeld, Claire
 - a) *Britain's Wild Larder: Wild fruits and berries* (3 leaflets), Wild plants and herbs

(3 leaflets), Wild rose hips in wartime (1 leaflet).

6) National Food Reform Association

a) No. 1. *Food reform*

b) No. 2. *Hints toward diet reform: with twenty-four simple recipes*

c) No. 4. *Economical dishes for workers*

7) *The Naturopath and Herald of Health* (formerly *The Kneipp Water Cure Monthly*). Ed. Benedict Lust: Vol. 4, no. 10. October, 1903

8) *New Health Society Bulletin*: vol. 1, no. 1. January, 1926

9) *The Scottish Health Reformer and Advocate of Rational Living*: Vol. 1, no. 12. October, 1904

Societies, Health (Mounted)

Diet, exercise

1) New Health Society

a) *Exercise: how to keep fit*

b) Facts about food

c) Leaflet no. 1: *Facts about food*

d) Leaflet no. 2: *Exercise*

e) *Sunlight and health*

f) *Cleanliness and preservation of food*

Advertisements, catalogues

1) National Health Society: publications list